

# AVON WOMEN ENTREPRENEURS MAY 15, 2018 - MINUTES

**HOSTS: Bianca Turcotte Reome, Middlewoods**

## **30-Second Intros**

### **About Middlewoods**

Middlewoods is a non-profit independent and assisted living facility that is part of the United Methodist Homes system. They have 69 apartments and approximately 77 residents about half of whom are independent. They do not offer dementia care.

### **SPEAKER: Lisa Cheney, Aging Well NW Connecticut**

Lisa is an Aging Life Care professional. Her background as an RN included many years in hospice doing independent assessments of the appropriateness of patients for hospice care. The problem was if they were not appropriate for hospice, what was the alternative?

By the time parents tell you they have a problem they are usually pretty far down the path to needing more care. Finding the right resources is difficult. Sixty-nine percent of caregivers are female of which a third reduce their work hours and 25% make choices that adversely affect their careers. This, in turn, has a negative impact on their retirement funding. Caregiving can also have an impact of the health of the caregiver.

Lisa has created a library of resources on everything you need to know. She offers a complimentary ½ hour consultation to people which is best taken advantage of before problems hit. She is connected to a network of caregivers in other states. She emphasizes using licensed/certified professionals.

Lisa is an advocate of staying at home. Many people need help with medications and coordinating with doctors. She makes her case notes available to family members so they stay informed. She can make referrals for care, for food and medication deliver, transportation and other resources (e.g., financial) which enables family members to continue being family rather than caregivers.

The group went on to discuss how important it is to match care to the assessed need of the patient.

### **Announcements and Member Events:**

- Dr. Jeanne Folks, **CT Psychotherapeutic Resources**, is holding a Poems & Prayers for the Earth workshop at Wisdom House on June 9<sup>th</sup> which will use writing exercises, guided meditation, expressive art and nature walks to find your voice. More info: [drfolks@tappinprayerfully.com](mailto:drfolks@tappinprayerfully.com).
- Susan Levine, **Women Reshaping Lives**, will be offering a 4-week facilitated discussion group on Who am I Now?
- Christine Buhler, Talcott Mountain Science Center and Academy, reported that they are sending 6 students to the Invention Convention and are raising funds to cover about ½ the cost of each student's trip--\$1,000 of the \$2,000. Donations can be made online.
- Carol Tsacoyeanes, **Ruby Ribbon**, is having an event, Tankinis and Martinis, on Thursday, May 31<sup>st</sup>. You can make an appointment for a personal consultation. She is also working with Dress for Success and collecting business wear as donations on an ongoing basis.
- Dana Culligan, **Personally Poetic**, and **Avon Dollars for Scholars** have put together a partnership to offer custom graduation jewelry with the goal of raising enough to create a social justice scholarship in the future.
- Susan Lederman, **P'zazz**, reminded everyone that this is graduation, Fathers Day and wedding season. She can help with custom gifts that meet your budget. Call her.
- Renee Lacourciere, **Apple-Rehab**, advised they will be holding a craft fair on November 10<sup>th</sup>. If you are interested in participating, contact her.

### **Upcoming Chamber Events:**

- **Wednesday, May 23<sup>rd</sup>, Annual Meeting & Awards Luncheon, Golf Club of Avon** – reservations required, \$28 per person, doors open at 11am.

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**AWE Business: Future Meetings:**

- June 19 – River Ridge – Host; Susan Levine, Women Reshaping Lives – Speaker
- July 19 – Apple Rehab Avon – Host; Dana Culligan - Speaker
- August 21 – Beach Day hosted by Lisa Bohman
- September 18 – Shihan Skin Care – Host; Home Helpers – Speaker
- October 16 – Bill Selig Jewelers – Host & Speaker
- November 20 – Holiday Showcase

--Joanne Beers