

AVON CHAMBER HEALTH COUNCIL
October 21, 2019 - MINUTES

HOST: Renee Lacourciere of Anthology of Simsbury

FACILITATOR: Sandra Cook of Home Helpers/Farmington Valley

Council meeting brought to order at 12:30 p.m.

Introduction of Host at 12:45 p.m.: Renee Lacourciere welcomed us to Anthology of Simsbury. If you would like a private tour of the location, please contact her.

ShopRite Discussion at 12:55 p.m.:

- All members agreed they like the location of ShopRite for the January and February health council fairs
- Thank you Shana Griffin for sharing your real estate of ShopRite with the chamber
- Once a flier is made to advertise the fairs, council members are encouraged to help advertise the events. A digital PDF will be sent out to members
- The January fair will be on January 11th, 2020 from 10am-2pm
- The February fair will be on February 11th, 2020
- Ideally a flier will be present at the January fair for the February fair. The idea behind this is to make visitors aware of the upcoming event
- If a member has a big sign, please e-mail Sharon Gauthier so that appropriate vendor placement location can be assigned
- Only individually wrapped food items are allowed at the fair
- Items advertising other grocery stores are not permitted. It is best to have food option giveaways that are available in ShopRite
- Try to have healthy giveaways. For example, candy is not health focused
- Balloons are not permitted
- Shana proposed the idea of a passport for all the vendors. Vendors will have stickers to "stamp" visitor passports. A grand prizewinner will be randomly selected from visitors who have completed their passport
- The grand prize will be a ShopRite gift card
- Members will be asked to donate \$5-\$10 towards the gift card and any printing
- Proposition was made for the consideration of bags to be handed out with vendor items. This idea was not finalized and most likely will have further discussion
- Members must e-mail Sharon Gauthier by December 15th, 2019, to confirm their participation in the January fair. If you have a banner/sign do not forget to tell her. If you have questions, call her instead of sending multiple e-mails

30 Second Introductions: Occurred at 1:17 p.m. Members briefly shared who they are and what their business is.

Announcements/Upcoming Events:

- Renee reported that on December 7th 2019 from 10am-3pm Anthology of Simsbury will have a Holiday Stroll. Different vendors are needed. Please contact her
- Frank from Atria of Farmington reported that on November 9th-6:30p.m. there will be a dance fundraiser. Frank may be dancing and reported there will be some professional dancers present. If you cannot attend please consider contacting Frank to make a donation. For tickets, please go online to Eventbrite
- Kristina of Abundance Health distributed gift certificates for 30 minute complimentary massages

Business Drawing:

- Sharon and Frank both were chosen as winners

Meeting adjourned at 1:35 p.m.

Next Meeting: The Residence at Brookside, November 18th, 2019, at 12:30 p.m.

Minutes submitted by Joelle Santiago, DC